

On Monday February 8, Premier Doug Ford announced that the provincial lockdown would end for the Kingston, Frontenac and Lennox & Addington region. Our region is allowed to reopen on February 10. As always, we will comply with all regulations and best practices. I'm pleased to announce Seniors Association sites will open their doors once again on Tuesday February 16.

Session 3 will start as originally planned. Sign up online [SeniorsKingston.ca/Programs](https://SeniorsKingston.ca/Programs) or drop your form at the front door of The Seniors Centre, weekdays by 2:00pm. I want to thank all of our members for their positive thoughts and patience during this recent closure.

I want to assure all who missed classes in session 2 due to the lockdown, that credits have been added to your accounts. Use them whenever and however you wish.

The staff and volunteers look forward to seeing you once again.

Stay well and stay safe.

Don Amos  
Executive Director  
Seniors Association Kingston Region